

# Self-Retracting Lifeline Inspection Form



*Self-Retracting Lifelines are required to be inspected annually by a competent person and recorded using this form. A thorough visual inspection must be conducted by the employee prior to using the Self-Retracting Lifeline. Any defect or deficiency found during an inspection must be reported to your supervisor and the Self-Retracting Lifeline will be removed from service. The completed form will be emailed to [safety.environmental@bangormaine.gov](mailto:safety.environmental@bangormaine.gov).*

**Department:** \_\_\_\_\_ **Inspection Date:** \_\_\_\_\_  
**Manufacturer:** \_\_\_\_\_ **Manufactured Date:** \_\_\_\_\_  
**Model #:** \_\_\_\_\_ **Name of Inspector:** \_\_\_\_\_  
**Serial #:** \_\_\_\_\_ **Signature:** \_\_\_\_\_

*If you answer “No” to any of the following questions, the Self-Retracting Lifeline must be removed from service.*

		Yes	NO	N/A
1.	Is the label present and legible?			
2.	Are the appropriate ANSI/OSHA/CSA marking visible?			
3.	Is the date the lanyard was put into service present and legible?			
4.	Are the connectors operable and close/secure correctly?			
5.	Are the connectors in good condition free from any damage, excessive wear, corrosion or pitting?			
6.	Is the housing in good condition, no evidence of damage or missing screws, bolts or rivets?			
7.	Is the termination, swage or stitching in good condition, free from damage, excess wear or deployment?			
8.	Is the webbing free from fraying, cuts, damage, or excessive wear?			
9.	Is the webbing free from burns, mildew, ink/writing or chemical damage?			
10.	Is the wire rope free from broken wires, kinks, separation of strands?			
11.	Does the entire length of lifeline retracts smoothly?			
12.	Does the braking or locking function work properly?			
13.	Does the unit appear to be in an operable condition, with no signs of activation or deployment?			

**Notes:**

**Summary:**

Passed: \_\_\_\_\_ Failed: \_\_\_\_\_  
 Reason for Self-Retracting Lifeline to Fail Inspection: \_\_\_\_\_  
 Tagged Out of Service – Waiting for Repair: \_\_\_\_\_  
 Destroyed: \_\_\_\_\_

