

--PENOBSHOT COUNTY--

# OVERDOSE RESPONSE TEAM

*Overdose Prevention Through Intensive Outreach Naloxone & Safety*



CITY OF  
BANGOR



Community Health and Counseling Services

OPTIONS  
SAVE LIVES

## Questions?

*Set up a no-obligation meeting about*

## Treatment & Recovery Services

Call, Text, or Email the OPTIONS Liasion at:

207-659-1857

aperkins@chcs-me.org

## For Support During A Mental Health Crisis...

If you or someone you know is experiencing  
a mental health crisis, contact the Maine

24-hour Crisis Hotline at: 1-888-568-1112

## Need FREE Syringes, Narcan, or Fentanyl Test Strips?

*Judgment-free harm reduction services,  
training, and case management.*

**Contact: HEAL**

207-990-3626

info@mainehealthequity.org

## Suspect an Overdose?

**Call 911**

**Administer naloxone if you have it**  
**Stay with the person until help arrives**

## Explore Recovery Treatment Options

**PCHC Bridge Clinic**

**207-404-8100 Ext: 2389**

## Peer Recovery Support

**Peer Meetings, Sponsors, Recovery Coaches**

**The BARN**  
**207-561-9444**

**Together Place**  
**207-941-2897**

## Support & Resources For Parents & Loved Ones

Visit: [drugfree.org](http://drugfree.org)

or

Text "CONNECT" to **55753**

## General Information & Statewide Resources

Visit: [knowyouroptions.me](http://knowyouroptions.me)

or

Text your zip code to **898-211**

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